

Mental Balance	
Inner Strength	Energetic promotion of self-confidence when you feel uncertain or insecure
Emotional Well-being	Energetic balancing when you feel emotionally blocked
Feel Good syst.	Energetic activation of confidence when you feel down
Contentment syst.	Energetic balancing of the inner sense of self to help avoid addictive and compensatory behaviors
Contentment acute	Supports your sense of inner balance during recovery from nicotine dependence
Inner Unity	Energetic restoration of the sense of psychic wholeness
Well-being Soul	Energetic balancing to support you while resisting habitual behaviors
Mental Balance acute	Supports positive thinking

Beauty/Skin	
Inner Beauty	Supporting the coherence and expression of your energetic field
Hair	Bioenergetic support focused on the follicles
Skin	Provides bioenergetic support to skin cells
Aging	Bioenergetic support for relaxing your expressions
Nails	Bioenergetic stimulation of the nail bed
Skin Elasticity	Bioenergetic support for the lymphatic system
Support Wounds local	Supports the cells through local stimulation
Support Wounds syst.	Bioenergetic stimulation of the cell metabolism
Acne syst.	Bioenergetic support for the body's ability to clean out toxins
Scars syst.	Balancing energetic interference fields in scars
Scars local	Local stimulation of scar tissue

Meridians 1	
Allergy Meridian	Energetic desensitization of the energy flow
Connective Tissue	Energy regulation of the connective tissue
Bladder	Regulation of the bladder energy control
Large Intestine	Harmonizing the energy field of the large intestine
Small Intestine	Harmonizing the energy control of the small intestine
Fatty Degeneration	Energetic regulation of cell uptake
Gall Bladder	Energetic balancing to support digestion
Joints	Energetic balancing of flexibility
Skin	Energetic promotion of the energy pathways of the skin
Heart	Energetic stimulation of the heart energy

Meridians 2	
Hormonal Balance	Energetic support for balanced hormones
Circulation	Energetic support for of blood circulation
Liver	Energetic metabolism regulation
Lungs	Energetic balancing of the respiratory system
Lymphatic System	Energetic regulation of the lymphatic system
Stomach	Energetic harmonization of the digestive system
Spleen-Pancreas	Stimulation of the energy field of the spleen and pancreas
Nerve Meridian	Energetic harmonization of the body's sensory system
Kidney	Energetic support for the body's ability to maintain fluid balance
Organ Meridian	Harmonizing the energy flow between the organs ("Chi")

Bioenergetic Balance 1	
Immune System	Support for the body's bioenergetic defense system
Cold	Bioenergetic calming directed to the mucous membranes
Allergies	Bioenergetic balancing to help the body recover from overreactions to irritants
Eyes	Energetic support for visual ability
Hormones	Bioenergetic support for the body's chemical messengers
Intestine	Bioenergetic support for the body's natural tendency toward balance
Nerves	Bioenergetic harmonization to promote relaxation
Flexibility	Bioenergetic support for movement
Circulatory System	Bioenergetic support for the body's energy delivery system
Potency	Bioenergetic support for the balance of the reproductive organs
Menopause	Bioenergetic support to help you deal with the effects of menopause
Menstruation local	May provide local relaxation of the lower abdomen

Bioenergetic Balance 2	
Gastrointestinal	Energetic balancing of digestion
Bacteria	Balancing of the bioenergetic defense system
Tonsils	Energetically balancing the body to help it reduce feelings of discomfort
Liver	Bioenergetic support for liver metabolism
Food Sensitivities	Bioenergetic support for increased food tolerance
Toxins	Bioenergetic support for the body's excretory processes
Head	Bioenergetic reduction of tensions
Prostate	Energetic support for the body's ability to maintain a healthy prostate
Lungs	Bioenergetic balancing directed toward the lungs
Thyroid	Bioenergetic support of the body's ability to maintain a healthy thyroid
Joints-Bones	Bioenergetically supporting the body's ability to heal damage from injuries and stresses
Sciatica local	Local stimulation of the sciatic nerve area to reduce tension and pain

Chakras	
Crown Chakra	Harmonization of the energies of the crown chakra and connection to the higher Self
Third eye Chakra	Harmonization of the energies of the third eye chakra and strengthening of intuition
Throat Chakra	Harmonization of the energies of the throat chakra and promotion of constructive communication
Heart Chakra	Harmonization of the energies of the heart chakra and stimulation of balanced empathy
Solar Plexus Chakra	Harmonization of the energies of the solar plexus chakra and strengthening of self-confidence
Sacral Chakra	Harmonization of the energies of the sacral chakra and stimulation of creativity
Root Chakra	Harmonization of the energies of the root chakra and activation of basic trust

Protection Programs	
General Protection	Energetic shielding
Electrosensitivity	Energetic balancing of the tolerance for so-called "electrosmog".
Cell	Bioenergetic strengthening of the cell
Mental	Energetic promotion of clear perceptual capacity
Sleeping	Energetic protection during sleep
Geopathy	Energetic reduction of sensitivity to interference fields
Subtle	Energetic protection against external influence
Planets	Harmonizing the influences of planets
Deep Cycle – See manual for instructions	
First Application	Go to the Roots
Second Application	Free Flow
Third Application	Renewal
Breath of Life	Kidney all Female
Clean all	Kidney all Male
Digest all	Pure Calm